

St Joseph Area Support Groups

“A-Team Missouri”

Anyone interested in supporting all employment options for individuals with disabilities

7:00 pm – first Wednesday of month

Specialty Industries, 3801 S Leonard Rd, St Joseph Mo

Watch Facebook for updates and notifications <https://www.facebook.com/3801SLeonard/>

Paul Bridenstine 816-232-8083 paul@specialty-industries.com

“Alzheimer’s Support Group”

For those caring for persons with Alzheimer’s and other dementias or who are otherwise affected by it (not for patients)

5:00 to 6:00 pm – second Tuesday of month – no-cancel policy

Benedictine Hall at Living Communities, 1202 Heartland Rd, St Joseph Mo

Rev Mary Schrom Breese 671-8513 Mary.Breese@bhshealth.org

“Brain Injury Association Support Group of Northwest Missouri”

6:00 pm – third Thursday of month

St Joseph Room, Mosaic Hospital, 5325 Faraon, St Joseph Mo

Rita Zotto 816-539-2144 rita.zotto@clintoncohealth.org

“Coping with Sudden Life Changes”

This group is for anybody whose life has suddenly changed due to the loss of a job or a love one, a breakup or moving. Will teach you to become resilient and to process your feelings to find hope.

6:30 pm – every Wednesday

Francis Street First United Methodist Church, 110 N 12th St, St Joseph Mo

Rev Dr Lydia Istomina 816-279-7466 (office) 816-510-0871 (cell) pastorlydia@fran1st.com

“Grief Share”

Those suffering loss of loved ones through death

6:30 pm – Thursdays – September thru December and February thru May

Brookdale Church, 31st & Edmond, St Joseph Mo

No cost

Church, Terri Lansbury 279-0983 or Don Weston 617-4732 donweston@stjoelive.com

“Grief Support Group”

Person dealing with a death

12:30 to 1:30 pm – third Monday of month (August 21 meeting is canceled due to the eclipse)

Wyatt Park Christian Church, 2623 Mitchell, St Joseph Mo

Cindy Crouse 816-232-3374 cindy@wyattparkcc.org

“JUMP” (Journey to Unite Mentors and Parents)

Teen parents (pregnant and parenting)

Contact YWCA at 816-232-4481 for monthly dates and times and location

Facebook page: YWCA JUMP Website: [www.http://ywcasj.org](http://ywcasj.org)

Traci McChristy 816-232-4481 tmcchristy@ywcasj.org

“Mourning Star Loss of a Child Support Group”

Parents who have lost children at any age and under any circumstances. We strive to share our own experiences and provide support and understanding to others who have lost children.

6:30 – 8:00 pm – first Wednesday of month

Green Valley Baptist Church, 3110 Cook Rd, St Joseph Mo

Melody Myer 816-387-1147 heavnaw8s@yahoo.com

“NAMI Connection” (National Alliance on Mental Illness)

Recovery support group for adults with mental illness regardless of their diagnosis. Group is free of charge and led by trained individuals who are also in recovery. No registration or enrollment required.

HelpLine 1-800-950-6264 or info@nami.org

7:00 – 8:30 pm – Thursdays

Missouricare, 3831-A Frederick Ave, St Joseph

Kevin Williams 727-543-9408 kevinwilliams.clnc@gmail.com

“Parent Education and Support Group”

Parents of children who have suffered abuse, trauma

5:30 – Thursdays 11:00 am – Saturdays (can attend either time each week)

NWMO Children’s Advocacy Center, 1807 N Woodbine Rd, Ste E, St Joseph Mo

Each class/group lasts for six weeks. Contact office for start dates. Children do not have to have been seen at the CAC for parent to be in the group. Each class covers a different aspect of parenting for these special circumstances.

Debbie White, leader 816-232-1744

“Parkinson’s Support Group”

5:30 pm – second Thursday of month

Joyce Ray Patterson Center, 100 S 10th, St Joseph Mo

Chris Black 816-341-3204

“People First of St Joseph”

Anyone with a disability, a family member or a friend

3:00 – 4:15 pm - second Thursday of month

MERIL, 4420 S 40th St, St Joseph Mo

Sharon Courter 816-279-8558 x 1011 sharonc@meril.org

“Pony Express Association for the Blind and Visually Impaired”

7:00 pm – second Thursday of month

Joyce Ray Patterson Center, 100 S 10th, St Joseph Mo

Phillis Zirkle 816-364-4447

“Post-Abortive Support”

Peer led support group for women who had an abortion sponsored by St Joseph PRC
New group forming - Days, times and locations to be announced
No cost to attend. All women in the group will be post-abortive.
Call St Joseph PRC 816-387-8090, provide first name (or initials) and phone number
Libby Owens libby.owens@stjosephprc.org

“Project Hope”

Open to all adult survivors of suicide
5:30 pm – first Monday of every month
Meierhoffer Funeral Home and Crematory, 5005 Frederick Blvd, St Joseph MO
Chaplain Cheri Dedman 816-592-0085
Angie Cluck 785-741-0999
1-800-273-8225, National Suicide Prevention Hotline
www.projecthope.support

“St Joseph Memory Café”

Safe, comfortable, engaging environment where people with memory loss and their care partners can laugh, learn, and remain socially engaged with others traveling the same journey plus we offer some education/speaker at times.
10:00 am – 12:00 pm – second Thursday of month however no set time frames, people are welcome to come and go. No reservations required.
Solomon’s Porch Coffee Shop, Word of Life Church, 3902 NE Riverside Rd, St Joseph Mo
Sponsored by Mosaic Life Care Hospice and NW Missouri Alzheimer’s Association
Kari Maag 816-271-7068 kari.maag@mymhc.com